

The McQuaig Word Survey[®] Definition Sheet

Phrase or Word	Meaning
affable	Pleasant and at ease in talking to others
appreciative	Shows admiration, approval or gratitude
articulate	Able to speak and express oneself clearly
believable	Capable of being believed or trusted
comfortable	Gives or enjoys contentment and security
composed	Free from agitation, calm
conservative	Keeps existing views or institutions
constant	Has a firm resolve or faithfulness
dauntless	Unwavering, especially in the face of stress
dependable	Capable of being relied upon
devoted	Wholly dedicated to a cause, use, end or person
easily influenced	Readily swayed
easily pleased	Readily gratified
easy on others	Does not put undue pressures or demands on others
engaging	Captivating, charming
enjoying routine	Liking things to stay the same
enterprising	Independent and ready to try new things
entertaining	Being amusing
expressive	Easy to understand
extroverted	Interested mostly in what is outside yourself
faith in others	Belief in other people
faithful	Loyal
fearless	Has no fear
fighting spirit	Full of energy and courage
flexible	Capable of changing
fluent talker	Capable of talking easily and smoothly
following the rules	Easily accepting authority
free and easy	Informal and unrestrained
full of enthusiasm	Full of zeal, fervour, zest
genial	Friendly and kind
giving to others	helping or contributing to other people
good follower	One who does what one is told to do
good humoured	Good natured, cheerful
grateful	Appreciative, much obliged
happy	Glad, joyful
individualist	One who lives life in his/her own way
influencing others	Getting others to do something
kind hearted	Understanding of and open to others
leader	One who directs others
liked by others	Having qualities that other enjoy
liking people	Being attracted to others
lively	Alert and energetic
make friends easily	Get people to like you

Phrase or Word	Meaning
make things happen	Cause things to change or improve
making friends	Becoming friendly with other people
methodical	Follows a systematic procedure or habit
mixing with people	Able to get along with others
motivating others	Providing others with incentive and drive
obeying orders	Doing what one is told to do
opportunist	One who takes advantage of a favourable event/time
perfectionist	Seeing anything short of perfect as unacceptable
person of action	One who acts or takes action
personality plus	A person with extraordinary social traits
plenty of drive	Lots of inner pressure or force to do things
plenty of fight	Willing to struggle to win
pliant	Easily influenced, yielding
predictable	Easily forecasted behaviour
pushing for results	Pressing to achieve
putting on pressure	Imparting a sense of urgency to oneself and others
relentless	Persistent, unrelenting
reliable	Capable of being depended upon
restful	Being at peace
safety first	Protecting against failure, breakage or accident
socially skilled	Gets along with others
stable	Firmly established, fixed
steadfast	Firm in belief and determination
strong-willed	Determined
stubborn	Refuses to give in
systematic	Orderly in procedure or plan
taking command	Taking charge
temperate	Moderate (not extreme)
tenacious	Able to hold tight to a task or idea
thankful	Well pleased
thorough	Careful about detail
unchanging	Firm, fixed, steady
unemotional	Not likely to show feelings
unhurried	Not rushing
unruffled	Calm, especially in the face of setbacks
venturesome	Daring, inclined to take risks
very ambitious	Wanting rank, money, fame or power
wary	Careful to detect and escape danger
will to win	Wanting to gain the victory
willing to help	Willing to give assistance
yielding to others	Giving in to others

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